

Energy Efficiency In The Home

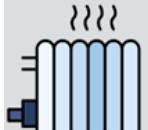
Keeping Warm and Well



Action for Warm Homes
Northern Ireland

NEA are concerned that the 'perfect storm' of higher energy prices, reduced incomes, and leaky, inefficient housing could put many households in Northern Ireland at increased risk of fuel poverty. These increases come at a time when many household budgets are already stretched thin.

However, simple changes to day-to-day activities could make big differences to household bills. Here are a variety of no cost / low cost energy savings tips.

	You can save around £70 just by remembering to turn off lights, electric appliances and not leave many of them on standby e.g. TV, laptops, mobile phones.		Save an average of £75 on electricity a year by drying clothes on a clothesline, instead of using a tumble dryer.
	Switching to LED (energy saving) bulbs could save you between £4 – £13 per bulb per year.		Reducing daily showers to 4 minutes will save around £65 per year.
	Only boil the water you need in your kettle. This can save you £14 per year.		Washing clothes at 30°C and 1 less cycle per week can save around £36 a year on energy.
	Increasing hot water cylinder insulation from 25mm to 80mm could save around £40 per year. Insulating the pipes can help reduce heat loss and save an additional £8 – £11 per year.		Room thermostats allow you to set the temperature your home heats up to and maintains. Turning it down by only 1 degree could save you around 10% on your heating bill.
	Fitting reflective radiator panels in a house with uninsulated cavity walls or solid walls could save around £40 per year.		Draughtproofing the whole house, including an unused chimney could save you up to £120 per year.

Sources: Information sourced from Energy Saving Trust – Prices are based on an average of supplier tariffs (electricity and natural gas) as of July 2023. Based on a typical three-bedroom semi-detached house.

Are you experiencing financial hardship?

Speak to your energy supplier if you are worried about your energy bills and to find out if you are eligible for additional services. To find out if you are claiming all of the benefits you are entitled to call:

Advice NI

Freephone Advice Helpline: 0800 915 4604 **Email:** advice@adviceni.net

Make the Call Service

Freephone (Network charges may apply): 0800 232 1271

Email: makethecall@dfcni.gov.uk

Check to see if you are getting the best deal for your energy

You could save hundreds of pounds a year on your bills by switching supplier or changing tariffs with your current supplier. Use a price comparison site.

Consumer Council

Telephone: 028 9025 1600 **Email:** info@consumercouncil.org.uk

Web: www.consumercouncil.org.uk

Additional Support

NI Energy Advice offers free independent and impartial energy advice to domestic householders in Northern Ireland – including advice about energy grants and other sources of help.

Freephone: 0800 111 4455 **Email:** nienergyadvice@nihe.gov.uk

Website: www.nihe.gov.uk/Community/NI-Energy-Advice

Training and Advice

NEA are offering **FREE** Energy Efficiency training and advice sessions to organisations and households throughout Northern Ireland. These sessions can be delivered face to face or via zoom.

Please contact Nichola MacDougall for further information:

Telephone: 028 9023 9909 **Email:** Nichola.MacDougall@nea.org.uk

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