



**16th, 23rd and
30th September -
skills sessions
4pm**

**2nd October -
Led Ride 1pm**

**CS Lewis Sq,
Sustrans Active
travel HUB**

**Snacks and
refreshments
provided!**

FAMILY CYCLING



EVERYDAY ADVENTURES

**Would you like to have the
skills and confidence to
cycle as a family?**

**Join us for our Family
Cycling programme:**

Four sessions covering:

- basic bike maintenance
- Traffic free cycling skills, games & confidence building
- Led ride

**For booking, please contact:
Martha.Robb@sustrans.org.uk**