

Volunteer Programme

Do you:

- ★ want to get out of the house?
- ★ need to build up confidence?
- ★ want to meet new people?
- ★ need time for yourself?

If you answered 'yes' to any of these questions then contact us to find out what we can offer you!

Volunteering Roles:

Reception
Cleaning
Drop-In Café
Childcare

Full training is provided prior to commencement of any volunteering role.

For further details and information about volunteering at Greenway please contact Greenway's

Centre Manager, Lindsay Cooper:
T: 028 9079 9912

E: manager@greenwaywomenscentre.org

Family Support

Greenway provides a range of services and activities for women and their families.

As well as information and support regarding parenting issues, Greenway's Family Support Services also offer a wide variety of training and education opportunities for parents, including parent and family learning workshops, parenting information sessions, money management programmes and stress management courses.

If you fancy a chat or want to know more about the Family Support Service please contact Greenway's

Centre Manager, Lindsay Cooper:
T: 028 9079 9912

E: manager@greenwaywomenscentre.org

Other Groups at Greenway

Recycled Teenagers

For women over 50

Sessions:

Tuesdays 10am-12pm

Cost:

Please speak to Tutor

If you would like to take part in this group please contact Helen Harris.

T: 028 9079 9912

Focus Groups/One-off Workshops

Expression of Interest:

If you would like to take part in Focus Groups or one-off Workshops please register with Greenway's Training & Education Officer, Helen Smyth:

T: 028 9079 9912

E: training@greenwaywomenscentre.org

MAS Maternal Mental Health Project

Peer Support Mentoring,
Advocacy, Campaigning

For women who are pregnant or have children aged 0-3 years

Sessions:

Mondays 11.30am-1.30pm

Tuesdays 11.30am-1.30pm

FREE

For more information please contact Greenway's Training & Education Officer, Helen Smyth:

T: 028 9079 9912

E: training@greenwaywomenscentre.org

Women's Empowerment Project

For Women aged 25-44

Sessions:

Mondays 9.30am-11.30am

Tuesdays 9.30am-11.30am

FREE

For more information please contact Greenway's Training & Education Officer, Helen Smyth:

T: 028 9079 9912

E: training@greenwaywomenscentre.org

Greenway Women's Group

SERVICE PROGRAMME January 2022



'Greenway Women's Group exists to provide positive opportunities for women to achieve their potential, through recognising and respecting them as individuals.'

We achieve this by breaking down the barriers which prevent women's full participation in society; specifically targeting social need within Cregagh and surrounding areas.'

Greenway Women's Centre

19-23 Greenway

Cregagh Estate

Belfast BT6 0DT

T: 028 9079 9912

E: manager@greenwaywomenscentre.org

Find us online...

www.greenwaywomenscentre.org

www.facebook.com/GreenwayWomensCentre

Greenway Childcare Services Sessional Day Care



At Greenway we offer high quality, affordable Sessional Day Care for pre-school children, from birth until their fourth birthday, as well as childcare provision for students and volunteers attending Greenway Women's Centre.

Greenway Sessional Day Care is operated by eight childcare workers. Greenway Childcare Staff are fully vetted by Social Services and trained in Childcare & Education, Child Protection, First Aid and Health & Hygiene.

In addition to this, our Childcare Staff regularly take part in further training in childcare-related courses to ensure that we continue to offer the best standards to your child at all times.

For further details on any aspect of Childcare at Greenway Women's Centre please contact Greenway's Centre Manager, Lindsay Cooper
on 028 9079 9912

or email

childcare@greenwaywomenscentre.org

Please Note:

We are currently registered as a Sessional Day Care setting and not full Day Care and as such, there are some restrictions on the length of time your child/children can attend the Sessional Day Care in any one day. These restrictions are kept to two 2-hour sessions. Therefore, the maximum length of time your child/children can attend in any one day is a total of four hours.

Class/Group	Start Date	Time	Duration	Cost/Extra Notes
MONDAY				
Knitting Class	10 th January 2022	9.30am - 11.30am	10 weeks	£10
Women's Empowerment Project (1)	10 th January 2022	9.30am - 11.30am	Ongoing	Free
MAS Maternal Mental Health Project (1)	10 th January 2022	11.30am - 1.30pm	Ongoing	Free
TUESDAY				
Women's Empowerment Project (2)	11 th January 2022	9.30am - 11.30am	Ongoing	Free
MAS Maternal Mental Health Project (2)	11 th January 2022	11.30am - 1.30pm	Ongoing	Free
THURSDAY				
Women's Cross Community Project*	TBC	9.30am - 12.30pm	TBC	Free *Please Note: enrolment criteria may apply
Step 1 Computer Class	13 th January 2022	9.30am - 11.30am	30 weeks	Voluntary donation £10 (accredited course)
FRIDAY				
Pain Management	TBC January 2022	10.00am - 11.00am	Monthly	This class is provided by EBCDA and will be held on a Friday morning each month

Greenway Women's Centre also offers one-off workshops, classes and events throughout the year.

If you would like to be added to our mailing list to receive information on these please forward your name and email address to training@greenwaywomenscentre.org

Please Note: You must register in person for all classes by appointment only.

If you would like to book an enrolment appointment or wish to discuss any aspect of the programme please contact Greenway's Training & Education Officer, Helen Smyth.

Telephone: 028 9079 9912 ext 202 (9am-2pm)

Email: training@greenwaywomenscentre.org

Greenway Women's Centre 19-23 Greenway, Belfast, BT6 0DT T: 028 9079 9912
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