

Daily Time Prediction and Record

Predict, measure and record the time it takes to do the following daily activities.

Daily Activity	Predicted Time Spent	Actual Time Spent	Difference
Shower			
Brushing teeth			
Getting dressed			
Eating breakfast			
Watching TV			
Computer/game time			
School day			
Travel to school			
Travel from school			
Eating dinner			
Household jobs/chores			
Outdoor playtime			
Eating supper/snacks			
Getting ready for bed			
Other:			