

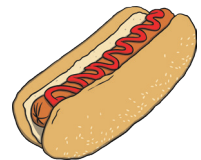
What Would You Give up for Lent?

Lent is a very special time for Christians. It is a time to remember Jesus' sacrifice and the way he resisted temptations. Lent is also a time of new beginnings and being healthy for life.

Christians usually give up something they really enjoy for Lent. This means it is difficult for them to miss it for 40 days. It is a sacrifice.



What could you give up for Lent? Can you draw and label your sacrifice?



Will it be difficult for you to give this up for Lent?

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